

# School Health & Wellbeing Service



Delivered in partnership with Health & Wellbeing in Schools Ltd, a specialist Personal, Social, Health & Economic (PSHE) education consultancy business, our service offers a broad range of high-quality support around the health and wellbeing practice of schools, particularly in relation to PSHE education and Personal Development.

The S4S School Health & Wellbeing Service provides additional capacity and expertise to empower and drive your school's delivery of best practice in PSHE education and whole-school approaches to promoting pupil health and wellbeing, especially around priorities such as statutory Relationships, Sex & Health Education (RSHE). This is achieved through a combination of consultancy and advice, curriculum support and professional development, all tailored to suit your specific needs.

## Benefits to your school:

Specialist support from a dedicated advisor to your school

High-quality advice, guidance and consultancy support to senior leadership teams, governing bodies, and teachers

Reliable advice on effective PSHE planning, delivery, and subject coordination, including guidance on appropriate curriculum resources

Ensure best practice on statutory and non-statutory policies within PSHE-related themes

High-quality professional development opportunities covering the breadth of PSHE to improve staff knowledge and confidence in delivery

Support and compliance around DfE statutory requirements for Relationships, Sex and Health Education (RSHE)

Schools that are interested in purchasing support from this service can access a free, no obligation consultation to discuss requirements and determine a bespoke support package.

## SERVICE OFFER

Our packages give access to all elements of support provided by the service, which can include\*:

An audit of your school's PSHE provision and support in creating an action plan for achieving improvement. This can be used to evidence meaningful contributions to the Ofsted Education Inspection Framework, especially around Personal Development

A PSHE curriculum review to ensure compliance with statutory curriculum requirements within RSHE

Curriculum development and signposting to appropriate resources to ensure best practice, and support in mapping these into your provision

Support to develop the role, effectiveness, and impact of the PSHE subject lead in school

An online training programme suitable for PSHE subject leads, teachers, governors, and other school staff

Inset/twilight training for staff and governors on PSHE related themes

PSHE education-related policy review and development. E.g., RSE, Anti-bullying, PSHE, Drug Education etc.

Parent /community engagement and workshops on PSHE related themes

Access to a half-termly S4S School Health & Wellbeing Service e-bulletin with relevant updates across PSHE related topics

Priority access to service events and training opportunities, including termly PSHE Network Meetings

Further services and bespoke support around PSHE related themes can be developed upon request

## AVAILABLE SERVICE PACKAGES

Schools can purchase any of the following packages:

- **Virtual-Lite Service** (online only package. See below for further details)
- **Standard Service** (2 days access to any service element)
- **Standard-plus Service** (3 days access to any service element)
- **Enhanced Service** (4 days access to any service element)
- **Enhanced-plus Service** (6 days access to any service element)
- **Platinum Service** (8 days access to any service element)

All elements of support are also available on an ad hoc basis. To purchase support outside of a service package, please contact us to discuss your requirements.

\*N.B. Any use of the service is deducted from the relevant number of days/hours purchased. Please note that one day is classed as 7 hours. Within any package of support, physical visits into school will equate to a minimum of half a day of service use.

Access to the service that does not require a visit into school or any preparatory work, for example policy review or a place at an online training course, will be deducted at an hourly amount from the purchased package. All service work will be agreed in advance with schools and updates on usage will be provided upon request.

## Examples of service use

School A has purchased a 2-day standard package of support. They use this as follows:

- Twilight training session in school (1/2-day service use)
- PSHE audit and review visit in school (1/2-day service use)
- Audit visit recommendations report (1 hour service use, off -site)
- RSE policy review (2.5 hours service use, off-site)
- PSHE curriculum/resources support visit in school (1/2-day service use)

School B has purchased a 4-day enhanced package of support. They use this as follows:

- PSHE audit and review visit in school (1/2-day service use)
- Audit visit recommendations report (1 hour service use, off -site)
- Parent engagement event in school (1/2-day service use)
- Full-day PSHE support (advice & consultancy) visit in school (1 day service use)
- PSHE policy review (2 hours service use, off-site)
- 4 x delegate attendance at online training sessions (8 ½ hours service use)
- Virtual PSHE support meeting with PSHE lead (2 ½ hours service use, off-site)

NB: These examples are for guidance only. Actual service use will depend upon agreed individual school needs and usage.

## VIRTUAL-LITE SERVICE

Our online only 'virtual-lite' package allows schools to have limited but flexible access to specialist advice, guidance, and training. This package includes:

Initial one hour online planning/consultation meeting with our specialist PSHE Advisor

Additional one hour online consultation session per term (can also be used for any remote work task required)

Priority booking for any S4S School Health & Wellbeing Service online training session (maximum nine places per package)

Priority booking for our termly PSHE Network Meetings

Access to half-termly S4S School Health & Wellbeing Service e-bulletin

5% discount on additional support services available from the S4S School Health & Wellbeing Service\*

All virtual sessions/meetings will be via online platforms such as Zoom, Microsoft Teams or Google Meet.

\*Offer excludes training sessions or further purchases of a virtual-lite support package.

**For more information about the support provided by the S4S School Health & Wellbeing Service, please contact us on 0333 772 1272, Option 2.**



**Health & Wellbeing in  
Schools**  
PSHE Education Consultancy

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